

A black and white photograph of a tall stack of books, with some pages visible at the top.

Hello!

A black and white photograph of a tall stack of books, with some pages visible at the top.

Bonjour!

IMPROVE YOUR ENGLISH  
IMPROVE YOUR FRENCH



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[www.veq.ca](http://www.veq.ca)



Voice of English-speaking Québec

A black and white photograph of a library aisle with bookshelves on both sides, receding into the distance.

*Practice  
makes  
perfect*

**LANGUAGE TRAINING RESOURCES**

## Language training

### **Eastern Québec Learning Centre (EF)**

[www.easternquebec.ca/en/language-courses](http://www.easternquebec.ca/en/language-courses)  
(418) 654-0537

### **École de langues de l'Université Laval (EF)**

[www.elul.ulaval.ca](http://www.elul.ulaval.ca)  
(418) 656-2131 ext. 402321

### **Collège Avalon (EF)**

[www.collegeavalon.com](http://www.collegeavalon.com)  
(418) 686-0289

### **BLI Québec (EF)**

<https://bli.ca/bli-quebec>  
(418) 692-1370

### **École Saint-Olivier (EF)**

[www.ecole-saint-olivier.ca](http://www.ecole-saint-olivier.ca)  
(418) 522-0926

### **Cégep Champlain - St. Lawrence (EF)**

<https://slc.qc.ca>  
(418) 656-6921

### **ACA Language Training (EF)**

[www.lesateliers.ca](http://www.lesateliers.ca)  
(418) 657-2600

### **Ateliers de langues Saint-Charles-Garnier (EF)**

<https://garnier-ateliers.com>  
(418) 681-0107 ext. 354

### **YWCA (E)**

<https://ywcaquebec.qc.ca/cours-et-activites>  
(418) 683-2155

### **LPS École de langues (E)**

[www.ecolelps.com](http://www.ecolelps.com)  
(418) 681-6375

### **CEGEP de Ste-Foy (F)**

<https://dfc.csfoyc.ca/accueil>  
(418) 659-6620 ext. 3740

### **Edu-Inter French School (F)**

[www.learningfrenchinquebec.com](http://www.learningfrenchinquebec.com)  
(418) 573-5956

### **Centre d'éducation des adultes du Phénix et de l'Envol (F)**

[www.centreeducationdesadultes.com](http://www.centreeducationdesadultes.com)  
(418) 652-2158

### **Centre Louis-Jolliet (F)**

<https://clj.cssc.gouv.qc.ca>  
(418) 686-4040 ext. 8203

### **Le Mieux-être des immigrants (F)**

[www.meiquebec.org](http://www.meiquebec.org)  
(418) 527-0177

### **Centre Mgr Marcoux (F)**

[www.centremgrmarcoux.com](http://www.centremgrmarcoux.com)  
(418) 661-7766 ext. 244

### **S.A.A.I. (F)**

[www.saaiquebec.org](http://www.saaiquebec.org)  
(418) 523-2058

## Conversation groups

### **Québec City meetup multilingue (EF)**

<https://facebook.com/QCMMultilingue>

### **Loisirs du Trait-Carré (EF)**

[www.loisirstraitcarre.com](http://www.loisirstraitcarre.com)  
(418) 624-7899

### **Carrefour d'action interculturelle (F)**

[www.cai-quebec.org](http://www.cai-quebec.org)  
(418) 692-1762 ext. 236

### **Centre R.I.R.E. 2000 (F)**

[www.r2000.qc.ca](http://www.r2000.qc.ca)  
(418) 524-5609

### **A.P.P.E.A.L. (E)**

[www.appealquebec.org](http://www.appealquebec.org)  
(418) 659-7616

### **4Loisirs (E)**

[www.4loisirs.com](http://www.4loisirs.com)  
(581) 988-6301

### **Valcartier Military Family Resource Centre (EF)**

[www.crfmv.com/en/fort](http://www.crfmv.com/en/fort)  
1 (877) 844-6060